



West End Surgery

Edward Road
Northolt

Middlesex UB5 6QN

Tel: 020 8845 6363 email: nhsnw1.westend@nhs.net



Dr S Perinpanayagam

Dr S Yeoh

Dr S Godambe

Dr N Patel

PRACTICE CODE: E85064

INFORMATION SHEET

FOR PATIENTS WHO ATTENDED WEST END SURGERY ON TUESDAY MORNING, 16.01.2024.

This information sheet is only intended for people who attended West End Surgery on the morning of Tuesday 16 January 2024.

We have been informed that a person who attended the surgery on the above date was at the same time as you had suspected measles.

What is measles?

Measles is a disease which spreads very easily. People with measles can get a cough, runny nose, rash and fever. Measles can be serious, particularly for people whose immune system is not working normally. The best way to prevent measles is through vaccination.

What is the risk of catching measles?

Most older children and adults are immune to measles – either because they had measles as a child or because they have been vaccinated – and so are very unlikely to catch measles.

Who needs medical advice?

- **People with a weakened immunity:** You should contact your doctor straight away if you have weakened immunity (due to illness or medication). The doctor will then assess whether you are immune (i.e. have antibodies) against measles; and if the exposure was within the past few days, your doctor may be able to organise treatment to prevent you becoming seriously ill.
- **Pregnant women:** If you are pregnant and not sure of your immunity it may also be worth seeking your doctor's advice.
- **Children under one year:** If you attended the surgery in the morning on the above date, with an infant aged under one year, please also contact your doctor for advice.

If you are well and not in the groups listed above, you do not need to take urgent action. However, if you are unsure if you are protected from measles, check with your doctor. If you would like more information on measles visit:

<http://www.nhs.uk/conditions/measles/Pages/Introduction.aspx>.

What if you become unwell? If you become unwell and think it could be measles (within three weeks of attending the surgery on Tuesday 16.01.2024, you should see a doctor. You should ring the doctor or clinic beforehand, so they can make sure you do not pass the disease to others in the waiting room. Take this information sheet with you and tell your doctor that you have been in the same room as someone with infectious measles. Your doctor should seek advice from the local Health Protection Team (postcode search for local unit and phone number at <https://www.gov.uk/contacts-phe-regions-and-local-centres>).