

About Us

EACH is a voluntary sector organisation established in 1991. Working with diverse communities across West London, we provide specialist services to individuals and families affected by alcohol, drug, mental health and domestic violence.

Equality and Diversity

EACH is committed to equality and diversity and opposed to any form of discrimination.

Confidentiality

Any information held on clients will be treated confidentially.

This means that unless there is a serious risk to the individual, third party or the community, then any details will not be disclosed to any other person without prior consent.

Contact Us

Scan QR code to access website and social media



📞 020 8577 6059

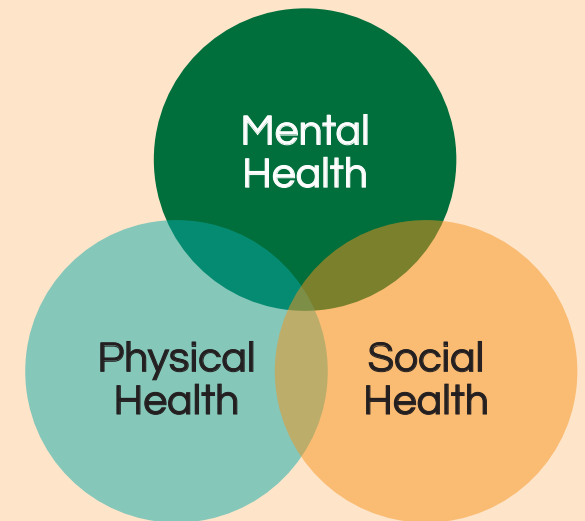
✉ info@eachcounselling.org.uk

🌐 www.eachcounselling.org.uk

Our premises are accessible for wheelchair users.



Connect for Health Ealing



EACH Counselling & Support

4th Floor | 84 Uxbridge Road

West Ealing W13 8RA

Registered Charity No: 1025967

Company Ltd. by Guarantee No: 02818814

A first step to
better mental, physical
& social health

What are serious mental health issues?

Connect For Health Ealing supports people with Serious Mental Health issues to take up physical health checks provided by their GP practice and to access support within the community.

Serious Mental Health issues are wide ranging and you may have any of the following:

- » Severe depression
- » Schizophrenia
- » Bipolar disorder
- » Obsessive compulsive disorder (OCD)
- » Panic disorder
- » Post traumatic stress (PTSD)
- » Borderline personality disorder



What is a physical health check?

This check will help pick up signs you may be at risk of diabetes, stroke or heart problems, dementia, etc.

Early action can help to stop these issues becoming more serious, by testing blood pressure, cholesterol or heart issues, smoking or alcohol related concerns, etc.

Physical health checks are free.

Who is the service for?

Connect For Health Ealing is for people who :

- » live in Ealing
- » are living with serious mental health issues
- » aged 18 +

You can self refer and we also accept referrals from the following :

- » GPs
- » Health Centres
- » Community Mental Health Teams
- » Social Services
- » Housing Association
- » Police
- » Volunteer and Community groups
- » Professionals
- » Family and Friends

